

Carrots

Primary

- *The Carrot Seed* by Ruth Krauss (available in Spanish) (Harper Festival, 1993)
- *The Giant Carrot* by Jan Peck (Dial; 1st Edition, 1998)
- *Tops & Bottoms* by Janet Stevens (Harcourt Children's Books, 1995)
- *Sticky and Stringy: Stem and Bulb Vegetables* by Meredith Sayles Hughes (Lerner Publications, 1999)

Secondary

- *10 Terrific Vegetables and Everything You Need to Grow and Know Them*, National Gardening Association (National Gardening Association, 2002)
- *Encyclopedia of Foods: A Guide to Healthy Nutrition* by Inc. Experts from the Dole Food Company [Editor], the Mayo Clinic [Editor], UCLA Center for Human Nutrition [Editor] (Elsevier Science & Technology Books, 2001)

Please note that *Harvest of the Month* book lists are a compilation of books our partners, including the California Department of Education, California Foundation for Agriculture in the Classroom, and local agencies, have recommended to us. These books are neither endorsed nor reviewed by the *Network for a Healthy California*.

Updated: October 2009